

SCHEDULE OF CLASSES

Winter 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00pm-4:40pm Excellent Kids	4:00pm-4:45pm Beginner Youth Karate	4:00-4:40pm Excellent Kids	4:00pm-4:45pm Level One Youth Karate	4:00-4:40pm Excellent Kids	8am-9am Kickboxing
4:45pm-5:30pm Beginner Youth Karate	4:45pm-5:30pm Level One Youth Karate	4:45pm-5:30pm Beginner Youth Karate	4:45pm-5:30pm Sparring Class (exclusively)	4:45pm-5:30pm Beginner Youth Karate	9am-10am Youth Karate ALL LEVELS
5:30pm - 6:15pm Level One Youth Karate	5:30pm-6:15pm Youth Leadership Program	5:30pm-6:15pm Level One Youth Karate	5:30pm-6:15pm Level Two & Up Youth Karate	5:30pm-6:15pm Sparring Class (exclusively)	10am-10:30am Stripe Clinic All Levels
6:15pm - 7:15pm Adult Martial Arts	6:15pm-7:00pm Level Two & Up Youth Karate	6:15pm-7:15pm Adult Martial Arts	6:15pm - 7:15pm Kickboxing	Special Events/ Private Groups	10:30am-11:10am Excellent Kids
	7pm-8pm Kickboxing	6:15pm - 7:00pm Private Lessons			11:15am-12:00pm Private Lessons
					12:00pm on: Birthday Parties Parents Night Outs Special Workshops

SUNDAYS:
Special Events, Birthday Parties, and Workshops



Creating boundless possibilities to live extraordinary lives.

Download the Centerpoint Martial Arts custom app from the App Store or Google Play. Powered by:



Proudly partnered with:

